

James Mollenkamp M.D. F.A.C.S. Gene Naftulin M.D. F.A.C.S.
Marc Stratton M.D. F.A.C.S. Kambiz Dardashti M.D. F.A.C.S.
Lawrence Flechner M.D. Ph.D.



UROLOGY INSTITUTE OF THE SOUTH BAY A Medical Group

A Division of U.S.S.C.

Viagra/Levitra are oral medications for erectile dysfunction, commonly called impotence. They are highly effective when used properly.

The only medical reason not to use Viagra is if you are taking medication that includes "nitrates." These medications are for individuals who have chest pain, called angina related to heart conditions. If you are uncertain whether or not you are taking medication that includes a nitrate, please inquire with me, or your cardiologist.

Some people have reported a minor side effect of a blue haze or slight change in color perception with their vision. This has always been quite minor. Other side effects may include headache or heartburn. They occur infrequently.

Viagra and Levitra are very effective. They should be taken with an empty stomach. They are taken at least one hour prior to the anticipated sexual activity and in conjunction with sexual stimulation. In other words, it enhances the normal sexual response. Erections do not occur with the use of Viagra or Levitra in the absence of normal sexual excitement. The effects of these drugs can last as long as 6-8 hours and so it can be taken anticipating sexual activity several hours later, thus avoiding waiting an hour when you are interested in having intercourse. The current recommendation is to use the drugs no more than once per day.

These drugs represent only one of the treatments for impotence. If they are not helpful or only partially helpful in maintaining erections sufficient for pleasurable sexual activity, there are alternative treatments available. Before rendering these drugs ineffective, at least five attempts should be made before pursuing alternative treatments.

If you have any questions regarding the use of these drugs, please feel free to consult with me.