

James Mollenkamp M.D. F.A.C.S. Gene Naftulin M.D. F.A.C.S.  
Marc Stratton M.D. F.A.C.S. Kambiz Dardashti M.D. F.A.C.S.  
Lawrence Flechner M.D. Ph.D.



UROLOGY INSTITUTE OF THE SOUTH BAY A Medical Group

A Division of U.S.S.C.

## INSTRUCTIONS FOLLOWING TRANSRECTAL ULTRASOUND OF THE PROSTATE AND NEEDLE BIOPSY OF THE PROSTATE

The following is a guide to help you care for yourself after a transrectal biopsy to which you should pay close attention. If you experience any of these symptoms, please call us promptly.

- 1. EXCESSIVE PAIN-** You may experience some discomfort following the biopsy. Taking Tylenol (acetaminophen) regular or extra-strength, should help alleviate your discomfort. **DO NOT TAKE ASPIRIN** unless specified by your doctor. If the pain becomes severe, or is uncontrolled by the Tylenol, contact our office.
- 2. BLEEDING IRREGULARITIES-** Do not be alarmed if you have some blood in your rectum or in your urine. This is normal and may last five (5) days to a week. You may also have blood in your ejaculate. This may be red or brownish and normally may last for several weeks. For today and tomorrow, no heavy straining, lifting, vigorous activity or hot baths, since these may promote bleeding or pain.. You should contact your doctor if you have difficulty urination or excessive bleeding.
- 3. FEVER OVER 101 F. OR CHILLS-** If you run a fever of 101 F. Or over, or have chills, contact our office as soon as possible.

Your doctor will order antibiotics following your procedure. Please remember to take them as scheduled.

You will usually see your doctor about one week after your procedure. This is the time it takes to get the biopsy reports back from the laboratory. Your doctor will review these results with you and answer questions you may have.

If you have any other questions regarding this procedure or it's effects, please feel free to call our office.